** 彰化縣111年度暑假運動大進擊 運動護照**

學校名稱：茄荖國小 **班級：( ) 座號：( ) 姓名：( )**

★登錄說明：每位學生每日至少運動30分鐘，次數不限，**每日至多登記60分鐘**

★本表請自行列印使用，亦可自行製作

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| 日期 | 運動內容 | 運動時間 | 小計(請填分鐘) | 學生簽名 | 家長簽名 |
| 7/1 | 健身操 | 08:30-09:00 | 30 |  |  |
| 7/1 | 跳繩 | 14:05-14:35 | 30 |  |  |
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※姓名：( ) 合計運動( )分鐘 家長簽名：( )

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| 7/1 | 跳繩 | 14:05-14:35 | 30 |  |  |
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